

# MAY 2024

## Eastern Panhandle Preparatory Academy

### LUNCH K-8



**May is National Egg Month.** Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER  
MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCTS OR UNPLANNED SCHOOL CLOSURES

Offer VS Serve is implemented. Students **MUST** take 3 of the 5 components:  
Meat/Meat Alternative, Grain, Vegetable, Fruit, and Milk  
One of the choices **MUST** be either: ½ C Fruit OR ½ C Vegetable

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Turkey Sausage (2 ea) **1**  
Maple Mini Waffles  
Crinkle Fries (3/4 C)  
Fresh Strawberries  
Choice of Milk

Meatball Sub (5 ea) **2**  
Hot Dog Bun  
Mixed Vegetable (3/4 C)  
Fresh Banana  
Choice of Milk

Big Daddy's Pepperoni Roll w/ Marinara Sauce **3**  
Green Beans (3/4 C)  
OR Tossed Salad  
Assorted Fruit  
Choice of Milk

Grilled Chicken Sandwich **6**  
Hamburger Bun  
Italian Blend Vegetables (¾ C)  
Mandarin Oranges  
Choice of Milk

Beef Nachos **7**  
Cheese Sauce & Salsa  
Refried Beans (1/2 C)  
Pear Cup  
Choice of Milk

Mini Corn Dogs (6 ea) **8**  
Cheddar Goldfish  
Crinkle Fries (3/4 C)  
Fresh Apple  
Choice of Milk

Sloppy Joe **9**  
Hamburger Bun  
Broccoli (3/4 C)  
Mixed Fruit Cup  
Choice of Milk

Three Meat Calzone **10**  
Marinara Dipping Sauce  
Green Beans (3/4 C)  
OR Veggie Cup  
Peach Cup  
Choice of Milk

Cheeseburger w/ Bun **13**  
Baked Beans (1/2 C)  
Pickles (1/4 C)  
Mandarin Oranges  
Choice of Milk

 **14**

Chicken Nuggets (5 ea) **15**  
Fritos  
Broccoli (3/4 C)  
Pear Cup  
Choice of Milk

Salisbury Steak **16**  
Dinner Roll  
Mashed Potatoes  
Fresh Apple  
Choice of Milk

Cheese Pizza Dippers **17**  
Marinara Dipping Sauce  
Green Beans (3/4 C)  
OR Carrots w/ Ranch  
Pear Cup  
Choice of Milk

Chicken Patty Sandwich **20**  
Hamburger Bun  
Broccoli (3/4 C)  
Mandarin Oranges  
Choice of Milk

Beef Taco w/ Salsa Cup **21**  
Soft Tortilla Shell  
Refried Beans (3/4 C)  
Pear Cup  
Choice of Milk

Sweet & Sour Chicken **22**  
Fried Rice  
Pacific Vegetable (¾ C)  
Fresh Apple  
Choice of Milk

Hot Dog on a Bun **23**  
Corn on the Cob  
Mixed Fruit Cup  
Choice of Milk

Cheese Pizza **24**  
Green Beans (3/4 C)  
OR Tossed Salad  
Peach Cup  
Choice of Milk

 **27**

Hamburger on a Bun **28**  
Baked Beans (1/2 C)  
Pickles (1/4 C)  
Mandarin Oranges  
Choice of Milk

Turkey Sausage (2 ea) **29**  
Blueberry Bash Waffles  
French Fries (3/4 C)  
Peach Cup  
Choice of Milk

Big Daddy's Pepperoni Roll w/ Marinara Sauce **30**  
Broccoli (3/4 C)  
Orange Sherbet Cup  
Choice of Milk

Chef's Choice **31**  
Entrée w/ Grain  
Vegetable  
Fruit  
Milk 