

APRIL 2024

Eastern Panhandle Preparatory Academy

LUNCH K-8



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container and move them outside to a patio or garden plot when the weather allows.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCTS OR UNPLANNED SCHOOL CLOSURES

Offer VS Serve is implemented. Students MUST take 3 of the 5 components:
Meat/Meat Alternative, Grain, Vegetable, Fruit, and Milk
One of the choices MUST be either: ½ C Fruit OR ½ C Vegetable

MONDAY

Closed - Spring Break

1



Grilled Chicken Sandwich
Hamburger Bun
Italian Blend Vegetables (¾ C)
Mandarin Oranges
Choice of Milk

8

Cheeseburger on a Bun
Baked Beans (¾ C)
Pickle Slices (¼ C)
Mandarin Oranges
Choice of Milk

15

Earth Day

Chicken Patty on a Bun
Broccoli (¾ C)
Mandarin Oranges
Choice of Milk

22

Hamburger on a Bun
Baked Beans (¾ C)
Pickle Slices (¼ C)
Mandarin Oranges
Choice of Milk

29

TUESDAY

Closed - Spring Break

2

Beef Nachos
w/ Cheese Sauce & Salsa
Tortilla Chips
Refried Beans (¾ C)
Pear Cup
Choice of Milk

9

Chicken Nuggets (5 ea)
Fritos
Broccoli (¾ C)
Pear Cup
Choice of Milk

16

Beef Taco w/ Salsa Cup
Soft Tortilla Shell
Refried Beans (¾ C)
Pear Cup
Choice of Milk

23

** Chicken on a Biscuit
Cheese Stick
Broccoli (¾ C)
Pear Cup
Choice of Milk

30

WEDNESDAY

Closed - Spring Break

3

Mini Corn Dogs (6 pc)
Crinkle Fries (¾ C)
Fresh Apple
Choice of Milk

10

Lasagna
Garlic Breadstick
Green Peas (¾ C)
Fresh Apple
Choice of Milk

17

Beef Ravioli (8 ea)
Whole Grain Roll
Italian Blend Vegetable (¾ C)
Mixed Fruit Cup
Choice of Milk

24

THURSDAY

Closed - Spring Break

4

Sloppy Joe
Hamburger Bun
Broccoli (¾ C)
Mixed Fruit Cup
Choice of Milk

11

Turkey Sausage (2 ea)
Blueberry Waffle Bash
Sweet Potato Fry
Peach Cup
Choice of Milk

18

Hot Dog on a Bun
Corn on the Cob
Fresh Apple
Choice of Milk

25

FRIDAY

Closed - Spring Break

5

Cheese Pizza Sticks (2 ea)
Marinara Sauce
Green Beans (¾ C)
Peach Cup
Choice of Milk

12

Pizza Day
Green Beans (¾ C)
** Orange Sherbet Fruit Cup
Choice of Milk

19

** Big Daddy Pepperoni Roll
Marinara Sauce
Green Beans (¾ C)
Peach Cup
Choice of Milk

26

